

# 20 Impact 24 Report

FY 2024 ANNUAL REPORT



**V!brant**  
Emotional Health



# 20 Impact 24 Report

## Table of Contents

Letter from Leadership	1	Contact Center Services: Here2Help People Find Their Way	12
A Legacy of Growth and Innovation	2	Disaster Behavioral Health: Supporting Communities Through Crisis	14
The Obligation to Respond	6	Community Programs: Walking with People on Their Journeys to Emotional Well-Being	16
Revolutionizing 24/7 Care: 988 Suicide & Crisis Lifeline	8	A Vision for the Future	18
Georouting: Faster, Localized Support	10		

# Together, we're changing lives.

Dear Friends,

At Vibrant Emotional Health, we believe that mental health is a fundamental human right—one that everyone deserves to access without barriers or stigma. In a world where life's challenges can feel overwhelming, Vibrant stands as a beacon of hope, offering innovative solutions that meet people where they are when they need it most.

This year, we have seen incredible stories of resilience, recovery, and renewal—stories made possible by the unwavering support of people like you. Whether it's a teenager finding their voice through peer support, a family navigating crisis with newfound tools, or an underserved community gaining access to care for the first time, your belief in Vibrant's mission fuels everything we do.

Our mission is simple: to help all people achieve mental and emotional well-being through groundbreaking solutions that deliver high-quality support—when, where, and how they need it. Every program we create, every resource we provide, and every partnership we forge is guided by our singular vision.

This report is more than a summary of accomplishments—it's a testament to what's possible when compassionate individuals and communities unite around a shared purpose. As you read the following pages, we hope you see not only the lives we have touched, but also the boundless potential to do more. Together, we can create a world where all people can achieve mental and emotional well-being with dignity and respect.

Thank you for being part of this journey - we couldn't do it without you. Let's build a future where no one feels alone in their mental health journey.

With gratitude,



*Cara McNulty*

Cara McNulty, DPA  
Chief Executive Officer



*Jennifer Ashley*

Jennifer Ashley, Ph.D.  
Board Chair



**Vibrant Emotional Health has spent decades evolving, reimagining, and redefining how mental health care is delivered.**

# A Legacy of Growth and Innovation

We began in 1969 as a grassroots effort to address the unmet emotional needs of New York City residents and have grown into a national leader in mental health innovation. Vibrant Emotional Health has spent decades evolving, reimagining, and redefining how mental health care is delivered.

Vibrant has grown from a local nonprofit organization providing service, education, and advocacy to a trusted leader recognized for leveraging technology, forging strategic partnerships, and delivering community-driven solutions. Today, millions of individuals across the United States rely on Vibrant's services to find hope as they navigate life's challenges.

# Comprehensive Programs and Services

At Vibrant, we provide life-changing programs that meet the diverse needs of individuals and communities. Our services focus on four key areas:

## COMMUNITY PROGRAMS AND ENGAGEMENT

**Outreach and Awareness Campaigns:** Reducing mental health stigma and promoting mental health through public education

**Support Groups and Peer Services:** Empowering individuals with lived experiences to foster resilience and recovery.

**School-Based Initiatives:** Building emotional resilience among students through education and targeted support.



## CRISIS SUPPORT SERVICES

**988 Suicide & Crisis Lifeline:** Administering the nation's simplified, 24/7 mental health crisis hotline, connecting people to free, confidential support via phone, text, and chat.

**Veterans Crisis Line:** Offering specialized assistance for veterans and their families through a dedicated hotline (dial 988, then press 1).

**Disaster Distress Helpline:** Providing emotional support for individuals impacted by natural disasters, public health emergencies, and other crises.

**Disaster Behavioral Health Response Services:** Offering disaster preparedness and response training and consultation for local, state, and national organizations.

**BRAVEline:** New York City's free, confidential anti-bullying service with the United Federation of Teachers that helps students manage the emotional challenges of bullying.

**NYC 988:** Delivering confidential, round-the-clock mental health counseling and referrals for New York City residents.



## TECHNOLOGY-DRIVEN SOLUTIONS

**Geo-Routing Technology:** Routing to the most appropriate crisis center based on the caller's location, ensuring faster, localized support.

**Voice, Text, and Chat Services:** Connecting help seekers with trained crisis counselors for real-time, confidential support

**Data Analytics:** Tracking real-time call traffic to help improve service delivery.

## TRAINING AND CAPACITY BUILDING

**Customized Evidence-Based Workshops:** Offering on-demand learning to promote mental wellness in your organization and improve outcomes.

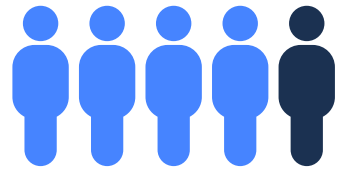
**Counselor Training Programs:** Equipping crisis counselors and mental health professionals with cutting-edge knowledge and skills.

**Corporate Mental Health Solutions:** Delivering training and consulting services to foster workplace wellness and support employee mental health.

## COLLABORATION FUELS OUR SUCCESS

Our work would not be possible without strong partnerships that amplify our impact:

- **Government Agencies:** Collaborating with local, state, and federal health departments to expand crisis services.
- **Nonprofit Organizations:** Joining forces with community groups to extend care to underserved populations and reduce stigma.
- **Corporate Partners:** Partnering with businesses to promote mental health in workplaces and communities.
- **Technology Innovators:** Working with tech companies to develop crisis intervention tools and expand digital access.
- **Healthcare Providers:** Integrating services with hospitals, clinics, and other providers to ensure comprehensive and coordinated care.



NEARLY 1 IN 5 ADULTS IN THE U.S. HAVE EXPERIENCED MENTAL HEALTH STRUGGLES.



# The Obligation to Respond

**In the United States, the demand for accessible and effective emotional support has never been greater. Vibrant provides immediate relief, guides individuals towards lasting well-being, and expands access to essential resources—ensuring help is always within reach.**

## OUR IMPACT

# 12 million+

calls, chats, and texts answered

# 200+

call centers in the 988 Network

# 10,000+

trained counselors connected to help seekers

# 13

programs serving youth, families, and older adults

# 2,500

DYCD-funded program staff throughout New York City for youth & mental health support and case management services.

# 138

families served across the Family Link and Family Link Plus programs that connect people to specific services like supportive counseling, parenting classes and support groups, mental health and substance use treatment, housing advocacy, financial literacy, and more.

# 1,666

families helped per year in the Family & Youth Peer Support Services (FYPS) program that helps young people experiencing emotional and behavioral difficulties, opening the doorway for personal empowerment

Source: Vibrant, FY24



**REVOLUTIONIZING  
24/7 CARE**

# 988 Suicide & Crisis Lifeline

As the administrator of the 988 Suicide & Crisis Lifeline (988 Lifeline), Vibrant ensures that the Lifeline provides free and confidential support to individuals in need across the United States and its territories.

**A LIFELINE FOR ALL**

When people call, text, or chat 988, they connect with skilled and compassionate counselors from the 988 Lifeline network. These counselors actively listen and provide support based on each person's needs.

More than 14,000 counselors answer texts, calls, and chats, providing non-judgmental support and safety planning, information about local resources, and follow-up support.

The 988 Lifeline is not just for those experiencing emotional crises or suicidal thoughts. It is a critical resource for anyone navigating a mental health concern.

**INNOVATIONS IN CRISIS CARE**

In 2024, the 988 Lifeline introduced georouting, which connects callers with nearby centers for

more localized resources and support. Another advancement is a comprehensive training platform for counselors that includes cultural competency to handle a range of conversations and support help-seekers.

Georouting has enabled more calls to be answered locally, an improvement of more than 5% in just the first few months of this capability.

**988 LIFELINE IMPACT**

In the past two years, the 988 Lifeline has expanded its services through:

- The Spanish subnetwork, which serves people in their native language across voice, text, and chat, answering nearly 110,000 people
- The LGBTQI+ subnetwork, which supports teens and young adults, responding to 475,000+ contacts
- 988 Videophone, which assists individuals using American Sign Language, answering more than 20,000 contacts

**LOOKING AHEAD**

Numerous studies have shown that callers feel less suicidal, less depressed, less overwhelmed, and more hopeful after speaking with a 988 Lifeline crisis counselor, essentially highlighting the positive impact of simply reaching out for support.

Vibrant continues prioritizing groundbreaking initiatives, from public awareness campaigns to advisory groups, ensuring the 988 Lifeline evolves to meet the complex needs of all individuals and communities. As a vital resource, 988 is the connector across the mental health continuum.

**Together, we are transforming crisis care and fostering a future where help is just three digits away.**

# 13.2M

**AMERICANS SERIOUSLY CONTEMPLATED SUICIDE IN 2022**

*SAMHSA, Key Substance Use and Mental Health Indicators in the United States: Results from the 2022 National Survey on Drug Use and Health*

# 90%

**OF YOUNG PEOPLE WHO ATTEMPT SUICIDE GO ON TO LIVE OUT THEIR LIVES**

*NAMI, Future Well-Being Among United States Youth Who Attempted Suicide and Survived*

# 12M+

**CONTACTS TO 988 LIFELINE VIA PHONE, TEXT, OR CHAT**

GEOROUTING

# Faster, Localized Support

**Georouting represents a groundbreaking advancement in crisis intervention technology, enhancing the accessibility and efficiency of the 988 Suicide & Crisis Lifeline.**

As the Lifeline’s administrator, Vibrant has been pivotal in developing and implementing this innovative feature, underscoring its commitment to making mental health support more accessible and effective.

*This step marks a major advancement in mental health crisis response, offering faster, more localized support to people in need.*

**LOCALIZED SUPPORT FOR MORE EFFECTIVE CARE**

Georouting enables calls to the 988 Lifeline to be routed to the most appropriate local crisis center based on the location of the individual seeking help. This innovation ensures faster response times and more personalized care by connecting individuals with resources and counselors who understand the specific needs and services available in their area.

This step marks a major advancement in mental health crisis response, offering faster, more localized support to people in need.

As mental health remains a pressing national concern, the integration of georouting strengthens the overall infrastructure of mental health care, making it more accessible and responsive.

**COLLABORATION WITH WIRELESS CARRIERS AND PUBLIC HEALTH PROGRAMS**

Vibrant partners with the Federal Communications Commission (FCC), the U.S. Department of Health & Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), Congressional leaders, and major wireless carriers to provide localized, community-specific resources for people calling the 988 Lifeline.

In April 2024, the FCC issued a proposal to require georouting for all wireless calls to the 988 Lifeline, further solidifying this effort and making the service even more effective.

Georouting is a critical advancement in crisis intervention, ensuring that help is timely, localized,

and effective. By implementing this technology, Vibrant’s leadership has positioned the 988 Lifeline as a cornerstone of mental health support in the U.S.

This is the result of decades of advocacy, from the early 800 numbers in the 1990s to the launch of the National Suicide Prevention Lifeline in 2005, culminating in its evolution into 988.

Through its innovation, advocacy, and unwavering commitment to accessible mental health care, Vibrant remains at the forefront, driving advancements that save lives and promote mental health access nationwide.

# 75%

**THE THREE MAJOR WIRELESS CARRIERS, COVERING 75% OF THE U.S., PARTNERED WITH VIBRANT, THE FCC, AND SAMHSA TO IMPLEMENT GEOROUTING**





CONTACT CENTER SERVICES

# Here2Help People Find Their Way

## HERE TO HELP PEOPLE FIND THEIR WAY

Imagine someone in their darkest hour. Mounting pressures like job stress, financial worries, or family responsibilities are taking their toll. One evening, when it all feels like too much, they pick up the phone. On the other end is a compassionate voice offering comfort and hope.

Vibrant's Here2Help (H2H) Connect Crisis Contact Center is here to answer the call. H2H is a state-of-the-art call center focusing on mental health crisis response. We leverage innovative technology and a workforce of expert crisis counselors to

provide lifelines for government entities, nonprofits, telehealth providers, behavioral health networks, and other institutions. Our program excels at providing responsive, compassionate care to people experiencing a wide variety of needs.

Counselors like Kseniya, a peer support specialist accessible through the NYC 988 lifeline, offer callers empathy and guidance. "We help people find their way because they know themselves best," Kseniya shared. Whether callers face anxiety, grief, or loneliness, counselors provide understanding and tools to move forward.

## United Federation of Teachers (UFT) Partnership

Studies show that young people who experience bullying are 3.5x more likely to face significant mental health issues by age 17. To address this, Vibrant partnered with UFT in 2012 to launch the BRAVELine, providing support via calls, texts, and chats.

Building on this success, Vibrant and UFT expanded efforts in 2024 with UFT-FOR-U, a mental health lifeline for NYC's nearly 200,000 educators, paraprofessionals, and school staff.

New York State faces a projected shortage of 180,000 teachers, and enrollment in teacher education programs has declined to 53% since 2009. Educators are experiencing burnout at nearly twice the rate of other professionals.

"UFT members are under stress like never before. Our members know they can come to [the lifeline] for confidential, expert support. The partnership [with] Vibrant creates more opportunities and a new way to provide vital support whenever a member is in need," said Michael Mulgrew, President of UFT.

## National Football League (NFL) Life Line

Recognizing the unique challenges professional athletes face, the NFL and Vibrant created the NFL Life Line to offer independent, confidential support and resources for NFL players and their families. Over the years, Vibrant has worked with the NFL to support other crisis response and mental health initiatives across the league, leading the way in how the professional sports industry shows up for its community.

Research shows that over 25% of former NFL players aged 30–49 report experiencing symptoms of depression. Vibrant's dedicated team of counselors, trained to understand the unique mental health needs of professional athletes and their families, provides 24/7 emotional support through calls and chats.



13

NATIONAL AND LOCAL LIFELINES OPERATING TO PROVIDE LIFE-SAVING SUPPORT

465K

CONTACTS FOR EMOTIONAL SUPPORT FOR PARTNERS OF OUR HERE2HELP (H2H) CONNECT CRISIS CONTACT CENTER



DISASTER BEHAVIORAL HEALTH

# Supporting Communities Through Crisis

In 2023 alone, 28 weather and climate disasters and 650+ incidents of mass violence created a tremendous need for behavioral health recovery efforts to address the negative impacts.

Vibrant began its disaster behavioral health work in the wake of 9/11, collaborating with the New York State Office of Mental Health to launch the largest public mental health campaign in U.S. history. The success of that work laid the foundation for partnerships with SAMHSA to launch the National Suicide Prevention Lifeline and, later, in 2012, the Disaster Distress Helpline.

Our team of experts provides consultation and training for communities, organizations, and governments, designing plans that focus on both immediate response and long-term recovery.

Over the last year, we have guided efforts in preparedness, including statewide disaster planning with Vermont's 13 Recovery Centers, developed a best practices training series for Missouri's Department of Disaster Services Strike Team, and consulted on long-term support for the Hawaii Department of Health in response to the wildfires.

### CRISIS EMOTIONAL CARE TEAM (CECT)

Our Disaster Services CECT is deployment-ready with a trained volunteer cadre of more than 1,000 behavioral health professionals. Our specialized team offers on-the-ground emotional support after disasters through psychological first aid, self-care strategies for responders, and long-term tools like scenario exercises that help communities recover more quickly and build resilience for the future.

"Vibrant's leadership in disaster mental health is evident," said volunteer Samantha Wilson, PhD, CECT. "Their logistical support within a larger crisis response has allowed me to focus care where it's needed most: children and families seeking stability/healing following a crisis."

### STARS OF HOPE

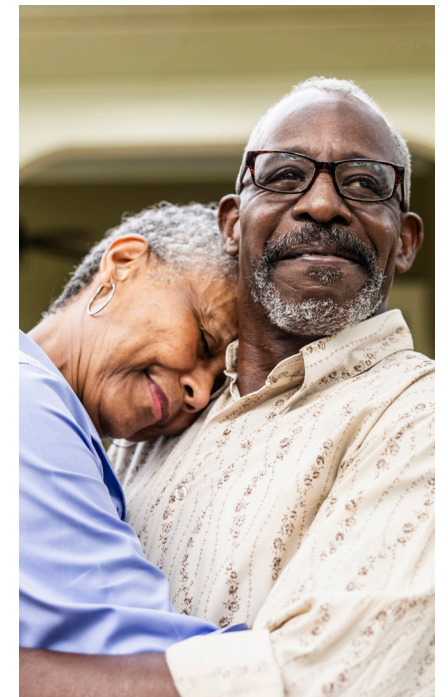
In 2024, Vibrant acquired Stars of Hope, a program that allows groups to come together and participate in painting stars, adding messages of hope that support those hurting most. Vibrant offers companies and organizations the unique experience of gathering their staff to share their compassion by sending completed stars to be displayed in communities recovering from crises.

"You can't help but feel a sense of peace, calm, and positivity emanating from the stars as they inevitably make their way to bring that same joy to those in need," said Rita Papadogiannis, manager of global social impact, Paramount.

### WE THE RESILIENT

For our fourth consecutive year, Vibrant hosted our annual We the Resilient conference, which featured several international subject matter experts over three days. This gathering, the largest of its kind, allowed leaders to share practical strategies and build connections among those working to improve disaster mental health support.

Vibrant's programs rely on our partners to help communities heal, rebuild, and prepare for the challenges ahead. By consistently partnering locally and leading nationally, we ensure no one has to face disaster alone.



# 49K

CALLS AND TEXTS TO THE DISASTER DISTRESS HELPLINE IN FY24

# 140K

STARS OF HOPE CREATED BY VOLUNTEERS

# 283+

COMMUNITIES RECEIVED STARS OF HOPE IN 31+ COUNTRIES

# 133

HOURS OF CECT EMOTIONAL SUPPORT TRAINING TO COMMUNITIES IN NEED IN FY24



## COMMUNITY PROGRAMS

# Walking with People on Their Journeys to Emotional Well-Being



Our services in 988, H2H, and Disaster Services are here for everyone when a crisis strikes. Vibrant's Community Programs are tailored to serve the most vulnerable, focusing on youth and older adults, offering support and connecting them to the services they need.

### CENTER FOR LEARNING AND DEVELOPMENT

Vibrant's Center for Learning and Development delivers mental health professional development, training, and technical assistance services for a variety of sectors, including nonprofit organizations, government agencies, corporations, and private sector entities throughout New York City and nationally.

*"There's more than one way to solve a problem. You don't have to take a straight path to get where you're going."*

Through one partnership with the Department of Youth and Community Development, we have trained more than 2,500 program staff dedicated to alleviating poverty's effects on young people and their families.

"I have a better understanding of how to support my [participants] dealing with suicidal ideation," said one program partner.

### ADOLESCENT SKILLS CENTER GRADUATION

Our collaborative efforts continue with programs like our Adolescent Skills Center, where counselors provide emotional and behavioral support to ReStart Academy participants. This program prepares young people for success in the workforce through vocational training and educational programs.

In June, 45 program participants celebrated receiving their GEDs in our largest graduation to date. Families proudly captured the symbolic movement of tassels being turned as the participants celebrated this incredible achievement.

"There's more than one way to solve a problem. You don't have to take a straight path to get where you're going. Sometimes you might need a little bit more

help, and that's okay," said Robert Vanden Heuvel, assistant principal of ReStart Academy.

### OLDER ADULT ASSERTIVE COMMUNITY TREATMENT (ACT) PROGRAM

Of the 49.2 million adults over the age of 65, up to 4.8% suffer from serious mental health challenges and account for a shocking 17.9% of all suicides. Vibrant's ACT Program, a mobile, multidisciplinary care team, meets individuals aging adults where they are to offer comprehensive, around-the-clock treatment and practical assistance.

When participants are admitted into our program, 33% present as threatening to harm themselves or others. Over three years, that number significantly reduces to 8%. Our ACT Team is pivotal in supporting and enriching well-being by rebuilding and nurturing protective factors like community, relationships, and functions of daily living skills.

"Success looks different for each individual," said Georges, a specialist immersed in this work. "Goals can range from remembering to shower regularly to finding a medication that works," he said. "We're here to continue encouraging them."

**2,500**  
HOUSEHOLDS SERVED ACROSS  
ALL COMMUNITY PROGRAMS

**96%**  
OF OUR TRAINING PARTICIPANTS  
PLAN TO INTEGRATE THE SKILLS  
THEY LEARNED INTO THEIR WORK

**1,660+**  
COMMUNITY PROGRAM  
PARTICIPANTS WERE PAIRED  
WITH PEER SUPPORT IN THE  
BRONX, STATEN ISLAND, AND  
QUEENS IN FY24

# A Vision for the Future

Vibrant Emotional Health’s transformative work is more critical than ever.

The successful launch of the 988 Suicide & Crisis Lifeline in 2022 marked a significant milestone, solidifying our role as a trusted innovator in mental health and well-being interventions. Today, we are positioned to tackle the nation’s growing mental health challenges with unmatched expertise and an unwavering commitment to equity.

As we look ahead, our focus remains on growth, accessibility, and innovation—expanding our reach to serve more individuals in need, breaking down barriers to mental health care, and leveraging cutting-edge technology to enhance the support we provide.

We are committed to strengthening our programs, forging new partnerships, and continuously evolving to meet the diverse and changing needs of the communities we serve. We will continue transforming the mental health landscape, ensuring everyone has access to the compassionate, high-quality care they deserve—when, where, and how they need it most.

# Financials

We are committed to financial transparency and accountability, maximizing every resource to drive impactful programs and services.

## STATEMENT OF ACTIVITIES

		6/30/2024	6/30/2023
<b>Revenue</b>			
Operating			
	Federal Grants	\$ 264,634,553	\$ 266,234,571
	City Grants	45,331,014	45,702,892
	State Grants	1,672,876	1,507,488
	Contributions	2,921,934	13,476,315
	Other Revenue	7,170,334	4,429,710
Total Operating		321,730,711	331,350,976
Non operating		4,136,726	2,088,455
<b>Total Revenue</b>		<b>\$ 325,867,437</b>	<b>\$ 333,439,431</b>

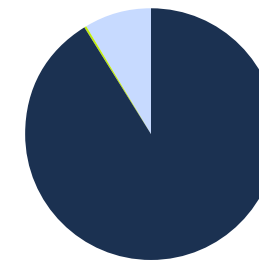
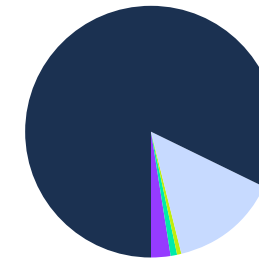
<b>Expenses</b>			
Program Services		\$ 314,602,515	\$ 303,854,390
Fundraising		350,386	711,740
General and Administrative		29,299,284	20,035,704
<b>Total Expenses</b>		<b>\$ 344,252,185</b>	<b>\$ 324,601,834</b>

## STATEMENT OF FINANCIAL POSITION

<b>Assets</b>			
Cash and cash equivalents		\$ 18,282,611	\$ 32,903,235
Investments, at fair value		44,648,966	41,389,542
Grants and contract service receivables, net		52,994,603	77,028,070
Right-of-Use Assets - Operating Leases		30,961,893	30,358,995
Other assets		10,083,628	7,635,910
<b>Total Assets</b>		<b>\$ 156,971,701</b>	<b>\$ 189,315,752</b>

<b>Liabilities and Net Assets</b>			
Due to sub-award recipients		\$ 37,701,836	\$ 49,724,640
Accrued salaries and related benefits		9,768,560	6,310,646
Refundable contract advances		12,371,105	8,301,873
Other Current Liabilities		727,466	12,114,029
Operating Lease Liabilities, net of current portion		32,948,556	31,025,638
<b>Total Liabilities</b>		<b>\$93,517,523</b>	<b>\$107,476,826</b>

Net Assets Without donor restrictions		63,454,178	81,838,926
<b>Total Liabilities and Net Assets</b>		<b>\$ 156,971,701</b>	<b>\$ 189,315,752</b>



# Donor Lists

Our successes are made possible by the incredible support of people like you.

## INSTITUTIONAL AND CORPORATE GIVING

Airbnb  
American Meadows  
ArcBest Corporation  
Austin Community Foundation  
Avon Senior Parents  
Bank of America Merrill Lynch  
Benevolent & Protective Order of Elks  
Berdon LLP  
Blackbaud Giving Fund  
Bristol Myers Squibb Foundation  
Center for Disaster Philanthropy  
Chicago Trading Company  
Cigna Foundation  
Davis Equipment Corporation  
E4E Relief  
Eagle Bank  
Elevance Health Foundation  
Enstar Group  
Federation of Protestant Welfare Agencies, Inc.

FleetNet America  
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Green Hills Mall TRG LLC  
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Paramount+

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Texahs LLC  
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Theo's No Bull BBQ  
Tribeca Festival  
UnbridledActs  
Unitarian Universalist Church of Indianapolis  
West Technology Group



## DONOR SPOTLIGHT: RACHEL PARRETT

Mend Lip Balm was created as a reliable source of hope you can always carry with you. We are proud to have owner Rachel Parrett as part of our community. Having gone through her own journey with anxiety and depression, Parrett donates 10% of profits to mental health organizations, including Vibrant.

## INDIVIDUAL AND FAMILY FOUNDATION GIVING

### \$25,000 - \$99,999

Anonymous  
Laurie Kayden Foundation  
The Robert and Kate Niehaus Foundation, Inc.

### \$10,000 - \$24,999

Iliana Deanda  
Jerome Levine, Esq.  
Joseph F. Peyronnin, III and Susan Zirinsky  
The Altschul Foundation  
The Jams Family Foundation  
The Rosalie Katz Family Foundation  
Donald and Christine Thompson  
Mark and Jennifer Thompson

### \$5,000 - \$9,999

Brezzo Family Foundation  
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Antony Leadbetter  
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Alison Lewis  
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Florida Starks  
Karen Whalen

### \$2,500 - \$4,999

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Nichole Cortese  
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Gregory Tourville  
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### \$1,000 - \$2,499

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Jonathan Azose  
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Ryan Greenstein  
Samuel Guenette  
Ann Harshman  
Jennifer Hawley  
Joshua Hindman  
Adam Hitchcock

## DONOR SPOTLIGHT: ANWAR RICHARDSON

We were thrilled to partner with Anwar Richardson and The Old Fashioned Sports Show for Movember. He featured Damon Watson, program director of The Fellowship Initiative, to talk about men's mental health. The partnership raised nearly \$5,000 in support of Vibrant's mission.



## DONOR SPOTLIGHT: PENNI EPSTEIN

Penni Epstein brought together hundreds of people to share stories of her late partner, Lyman F. Sheats Jr., a legendary pinball player and software engineer. Through a memorial and pinball tournament, Epstein raised \$15,000 two years in a row for Vibrant.



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Eugena Lee  
Jenny Lee  
Janie Lehman  
Cory and Deborah Lipoff  
Adam Loewy  
Taylor Lofton  
Sarah Markman  
Darren Marlar  
Sayo Martin  
Lesly Martinez  
Dennis de la Mata  
Judy McReynolds

Bryan Mone  
Jacob Morley  
Rich and Maya Nanda  
Joseph Nause  
Richard Neptune  
Kweku and Shannon Obed  
Jon ODee  
The O'Shea Family Foundation  
Aaron Padgett  
Gregson Parker  
Kristie Parker  
Karen Peycke  
Lucy Phillips  
Nicole Purcell  
Rocker Family Foundation  
Catherine Rowan  
Eva Runyon  
Donna Seaman  
James Segal  
Kevin Smith  
Alan Snitow

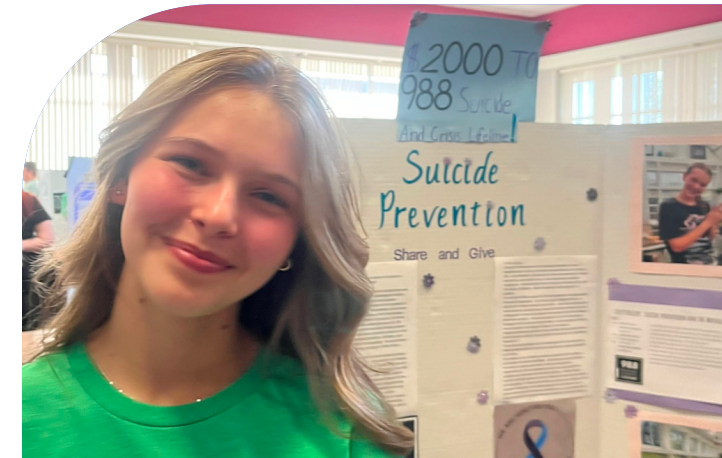
Christopher and Alice Spahr  
Ray and Lauren Steele  
Victoria Sterling  
John Sukurs  
Surf Taco  
Erin Teter  
Jeffrey and Michelle Seifman  
Adam Trainor  
Levi Van Dyke  
Brian Muhs and Tasha Vorderstrasse  
Nico Waler  
Taylor Watkins  
Linda Weissgold  
Greta Wetzel  
Kimberly and Dan Williams  
Rebecca Williams  
Larry Womack  
The Burke Family  
Douglas and Jeanne Yee

## DONOR SPOTLIGHT: REBECCA FRIEDLANDER

Twice a year in Chicago, partners and generous supporters gather for Pausing for the Cause, an intimate celebration of food, wine, and community that raises funds and awareness for mental health and suicide prevention. Over six years, event partner Rebecca Friedlander has helped raise \$270,000 for Vibrant.

## Executive Leadership

Cara McNulty, DPA, Chief Executive Officer  
Tia Dole, Ph.D., Chief 988 Lifeline Officer  
David Greenberg, Chief Financial Officer  
Lisa Jones Chandler, LCSW, Chief Compliance and Quality Officer  
Alison Lewis, Chief Operating Officer  
Marti Ossias, JD, MBA, Chief People and Experience Officer  
Todd Pearson, JD, BSN, General Counsel  
Grant Riewe, Chief Technology Officer  
Brenda Tong, MSW, Chief Program Officer



## DONOR SPOTLIGHT: LUCY

In a small town in Indiana, 14-year-old Lucy organized a "Be the Change" project for her 8th-grade honors ELA class. The project raised awareness and more than \$2,000 from her community in support of Vibrant.

**Together, we  
can create a  
world where  
emotional  
well-being is  
a reality for  
everyone.**



*Make a gift today. Your support  
ensures all people have access to care  
when, where, and how they need it.*

Vibrant Emotional Health is a 501(c)(3) organization. Your gift  
is tax-deductible to the full extent of the law. EIN 13-2637308.

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Emotional Health

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